CHAPTER 2

Second chapter named 'Saankhyayoga'

[Shloka 1 to 10: Conversation between Shri Krishna and Arjuna about the cowardice of Arjuna]

Sanjay uvaac: Tam tathaa kripayaa aavishtam ashrupuurnaakulekshanam. Vishiidantamidam vaakyam uvaac madhusuudanah. (Ch.2, shloka 1)

	[Sanjay said:] In this way {Shivbaba,} the Killer of lust that is as sweet as honey said these words to that Arjuna
kripayaavishtam ashrupuurnaakulekshanam vishiidantam	who was filled with compassion {out of attachment to [his] relatives,} had worried eyes filled with tears [and] was depressed.

Bhagavaanuvaac: Kutastvaa kashmalam idam vishame samupasthitam. Anaaryajushtam asvargyam akiirtikaram arjuna. (Ch.2, shloka 2)

Arjuna kutah idam vishame	[God said:] O Arjuna! From where did this untimely impurity
kashmalam anaaryajushtam	unaccepted for an honourable person,
asvargyam akiirtikaram	[the impurity] that doesn't take you to heaven [and] brings infamy {in
samupasthitam tvaa	the society}, come in you {despite being a Kshatriya}?

Klaibyam maa sma gamah paartha naitattvayi upapadyate. Kshudram hridayadaurbalyam tyaktvaa uttishtha parantap. (Ch.2, shloka 3)

Paartha maa sma gamah klaibyan	0 king of the Earth! Don't become a coward. This isn't
etat na upapadyate tvayi	{praise}worthy {in} your {clan}.
parantap tyaktvaa kshudram	O the one who burns the enemies! Give up the {sudden} weakness
hridayadaurbalyam uttishtha	of [your] poor heart [and] stand up.

Arjuna uvaac: Katham bhiishmam aham sankhye dronam ca madhusuudana. Ishubhih pratiyotsyaami puujaarhau arisuudana. (Ch.2, shloka 4)

Madhusuudana katham aham yotsyaami prati ishubhih		[Arjuna said:] O the Killer of lust {filled with sweetness like honey}! How will I fight with the arrows {of knowledge against insult with
		aspersions}
bhiishmam ca dronam sankhye		with {babas like} Bhishma and {great teachers like} Drona in the
2		{religious} war?
arisuudana puujaarhau	O Killer of the enemies [like] lust! {They have been giving me a lot of love	
	since childhood; [they]} are {respectable and} worship worthy [for me].	

Guruunahatvaa hi mahaanubhaavaan shreyo bhoktum bhaikshyamapi iha loke. Hatvaarthakaamaan tu guruunihaiva bhunjiiya bhogaan rudhirapradigdhaan. (Ch.2, shloka 5)

Bhaikshyam bhoktum loke api shreyo hi ahatva		Begging and eating [food] in this world is still better in comparison to killing
	{beca	highly honoured gurus {[through] the death of doubt in their religion}; ause} by killing the gurus {who are greedy for respect and position and}
arthakaamaan eva bhunjiiya		who desire [to obtain] wealth {from lifestyle full of their own dhaaranaa}, I will just be enjoying
bhogaan rudhirapradig tu iha	dhaan	{these} pleasures {filled with remorse} soaked in blood {of bad thoughts} here.

Na caitadvidmah katarat no gariiyo yadvaa jayema yadi vaa no jayeyuh. Yaaneva hatvaa na jijiivishaamastevasthitaah pramukhe dhaartaraashtraah. (Ch.2, shloka 6)

Ca katarat gariiyah no vaa yat	And what is the best for us? Either we will {definitely} gain victory {in
jayema	the religious war}
vaa yadi jayeyuh no na vidmah	or {they} will gain victory over us, {we} don't know this {future result
etat	properly}.
yaan hatvaa na jijiivishaamah	The ones after killing whom {we} don't want to live at all, those
	{Kauravas with bad blood of thoughts,}
dhaartaraashtraah avasthitaah	the sons of Dhritarashtra, {who has grabbed the wealth of the nation
pramukhe eva	out of selfishness} are standing right in front of [us].

Kaarpanyadoshopahatasvabhaavah pricchaami tvaam dharmasammuurhacetaah. Yacchreyah syaannishcitam bruuhi tanme shishyasteham shaadhi maam tvaam prapannam. (Ch.2, shloka 7)

Kaarpanyadoshopahatasvabhaavah {I		,} the one with a defective nature because of the defect of dejection of [my] sinful Iron Age mind and intellect that has fallen down},
{c		
dharmasammuurhacetaah	the on	e who is a great fool regarding true religion {[and] actions}, ask
pricchaami tvaam		the Trikaaldarshii [*] God}.
bruuhi me tat yat syaat nishcitam		Tell me that what is certainly beneficial {for me according to
shreyah		the true religion}.
		I am your student, [I] am under your shelter {in every way}.
shaadhi maam		Give teachings to me.

Na hi prapashyaami mama apanudyaat yat shokam ucchoshanam indriyaanaam. Avaapya bhuumaau asapatnam riddham raajyam suraanaamapi caadhipatyam. (Ch.2, shloka 8)

Hi api avaapya aadhipatyam suraanaam ca riddham raajyam bhuumau		It is because even after obtaining mastership of the deities and the prosperous kingdom {of the entire world} on the earth
		is] free from enemies, {I} don't see {the benefit in [anything cept You, the Almighty}
apnudyaat mama shokam yat who t ucchoshanam indriyaanaam		akes away my grief which is drying [my] <i>indriyaan</i> *.

Sanjay uvaac: Evamuktvaa hrishikesham gudaakeshah parantap. Na yotsya iti govindamuktvaa tuushniim babhuuva ha. (Ch.2, shloka 9)

		[Sanjay said:] Arjuna, the one who burns the enemies, the conqueror of sleep said this {clearly} to Govind, {the Knower of the nature of human calves,}		
hrishikesham 'na	the O	he One who gains victory over the <i>indriyaan</i> (Jitendriya): '{I} won't fight the war that decides the religion, against the respectable gurus}';		
uktvaa iti ha bab tuushniim	babhuuva after saying this directly {[he] denied [to fight] and} became quiet {inspite of accepting the teaching of the Remover of sorrow and doubts just now}.			

Tamuvaac hrishikeshah prahasanniva bhaarata. Senayorubhayormadhye vishiidantamidam vacah. (Ch.2, shloka 10)

Bhaarata	O king, the	O king, the descendant of [King] Bharat! {In order to boost the zeal and enthusiasm,}		
hrishikeshah	Shivbaba	Shivbaba, {the One who gains victory over the world [or]} the One who gains victory		
		over the indriyaan		
uvaac idam	vacah	started saying these words in a smiling way to that Arjuna {who was		
prahasan iva t	am	disappointed in the crowded atmosphere [and]}		
vishiidantam	madhye	distressed by grief in the middle of both the armies {of Pandavas and		
ubhayoh senay	voh	Kauravas along with the army of Yadavas}.		

[Shloka 11 to 30: The topic of Saankhyayoga]

Bhagavaanuvaac: Ashocyaananvashocastvam pragyaavaadaanshca bhaashase. Gataasuunagataasuunashca naanushocanti panditaah. (Ch.2, shloka 11)

	[God said:] you are grieving {for} the unconcerned {close, perishable
	bodily relations} and
bhaashase pragyaavaadaan	{despite becoming sad, [you]} speak words like the ones with the
panditaah	{despite becoming sad, [you]} speak words like the ones with the knowledge {of the soul}. The learned ones
naanushocanti gataasuunashca	don't grieve {at all} for those who die {[the death of having] doubt over
agataasuuna	the true religion} and those who stay alive {in faith on the vidharmis*}.

Na tvevaaham jaatu naasam na tvam neme janaadhipaah. Na caiva na bhavishyaamah sarve vayamatah param. (Ch.2, shloka 12)

	[It] isn't that I, {Shiva, the form of light of imperishable Soul} wasn't present at any time; {similarly,} it isn't {that} you weren't {present or}		
vayam sarve na bhavishya	eva ca these leaders weren't {present} at all and we all {in the form yaamah star [like] soul of the unlimited drama} won't be present		
	in the future, [it] isn't {like this either}. {We souls are imperishable; the body is perishable.}		

Dehinosmin yathaa dehe kaumaaram yauvanam jaraa. Tathaa dehaantarapraaptih dhiirastatra na muhyati. (Ch.2, shloka 13)

jaraa dehinosmindehe	Just like there is childhood, adolescence {and} old age {with [the qualities] sat^* , raj^1 [and] tam^2 , one after the other} of the soul in this body,
tathaa dehaantarapraaptih	in the same way, [we] attain other bodies {with reduced power [and]
	strength in the four ages}.
	The patient {children of Brahma who are stabilized in the soul through
	the true knowledge of the Gita, don't {ever} have attachment to that.

Maatraasparshaastu kaunteya shiitoshnasukhadukhadaah. Aagamaapaayinonityaah taan titikshasva bhaarata. (Ch.2, shloka 14)

Kaunteya maatraasparshaasti shiitoshnasukhadukhadaah	¹ O son of Kunti! The objects of sense of the { <i>karma</i> } <i>indriyaan</i> [*] certainly {change again and again,} [they] are the givers of cold and heat, happiness and sorrow,	
aagamaapaayinah anityaah	they come and go [and they] are temporary {even in comparison to the	
	declining joys of heaven}.	
bhaarata titikshasva taan 🛛 🤇) the one belonging to the dynasty of [King] Bharat! Tolerate them	
{	without any stratagem of yours}.	

Yam hi na vyathayantyete purusham purusharshabha. Samadukhasukham dhiiram somritatvaaya kalpate. (Ch.2, shloka 15)

Purusharshabha samadukhasukham	O the most elevated among the actors in the form of $\{bhogi^*\}$ souls! The one who $\{is\}$ uniform in sorrow and happiness,	
yam dhiiram purusha na vyathayanti ete	ham the patient man who isn't distressed by {any of} these {sensual pleasures even while performing actions},	
	kalpate that {person who concentrates on the light of the soul} certainly becomes worthy of [attaining] immortality.	

Naasato vidyate bhaavo naabhaavo vidyate satah. Ubhayorapi drishtah antah tu anayoh tattvadarshibhih. (Ch.2, shloka 16)

Na vidyate bhaavah na vidyate abhaavah		There isn't the existence of falsity and there isn't nonexistence of {any} truth {in the great destruction that ends the <i>kalpa</i> or any of the four ages}.
	{Just like	e the seed of the world [or] Mahadev [*] [or] Aadam always exists and will h the body.} The conclusion of both of them, {truth and falsity}
api drishtah tattvadarshibhih has also been observed by the philosophers {like [sage] Kapil}.		

Avinaashi tu tadviddhi yena sarvamidam tatam. Vinaashamavyayasyaasya na kashcitkartumarhati. (Ch.2, shloka 17)

Yena idam tatam	sarvam {Mah	adev, the seed of the human world tree} through whom this entire d tree named Ashvatth} has expanded,
		certainly consider him [to be] imperishable. Nobody is capable of
na arhati vinaasham kartum destroying		destroying
asyaavyayasya	this imperishable {corporeal seed in the form of Jagatpita (the World Father)}. {He is	
	akaalmuurt [*] at the end of the kalpa too.}	

Antavanta ime dehaa nityasyoktaah shariirinah. Anaashinoprameyasya tasmaat vudhyasya bhaarata. (Ch.2, shloka 18)

Ime dehaah nityasya	{Actually,} these bodies of {all the other extremely subtle [or] atom	
anaashinah aprameyasya	like,} eternal, imperishable [and] unmeasurable	
shariirinah uktaah souls that take on the body have been said to be perishable {in many births of		
antavantah the four	ages as well}.	
tasmaat bhaarata yudhyasva So, O the one belonging to the dynasty of [King] Bharat! Fight the		
	{religious} war; {because the religion of the soul alone is imperishable.}	

Ya enam vetti hantaaram yashcainam manyate hatam. Ubhau tau na vijaaniito naayam hanti na hanyate. (Ch.2, shloka 19)

	The one who considers this {soul of the bodily being} as the one who kills and the one who believes it to be dead {at any time},
<i>ubhau tau na</i> both of them don't know {it properly}. {It (the soul) is the seed of the tree like body.} vijaaniitah	

¹ The quality of activity and passion

² Darkness and ignorance

ayam na hanti	{Even during the great destruction at the end of the kalpa} this {soul} neither kills
na hanyate	{anyone} nor is it killed.

Na jaayate mriyate vaa kadaacinnaayam bhuutva bhavitaa vaa na bhuuyah. Ajah nityah shaashvatoyam puraano na hanyate hanyamaane shariire. (Ch.2, shloka 20)

Ayam kadaacinna	It is never born and it doesn't die, {[but] yes, it does take off the cloth like
	body very easily}
vaa na bhavitaa bhuuyah	or {it isn't that} it won't exist again {on the stage like world} after coming
bhuutva	into existence [once] {either}.
ayam ajah nityah	This {imperishable soul} [that is] ajanmaa [*] , eternal, everlasting [and]
shaashvatah puraano	ancient {with peaceful nature of the self in every kalpa}
na hanyate shariire hanya	maane can't be killed {even if the deed of} destroying the body is
	performed.

Vedaavinaashinam nityam ya enamajamavyayam. Katham sa purushah paartha kam ghaatayati hanti kam. (Ch.2, shloka 21)

Paartha ya veda enam
nityam ajam avyayamO lord of the Earth! The one who knows this {luminous atom like soul} [to
be] eternal, free from birth, imperishableavinaashinam katham sa
kam ghaatayati purushah{and} indestructible, how does he have someone killed {despite being an
indestructible} soul {through its nature and sanskaars}

kam hanti {and} whom does he kill {here [among] those who are subordinated to nature as well}?

Vaasaansi jiirnaani yathaa vihaaya navaani grihnaati naroparaani. Tathaa shariirani vihaaya jiirnaanyanyaani sanyaati navaani dehii. (Ch.2, shloka 22)

Yathaa narah vihaaya	Just like {a soul conscious, elevated} human being {in heaven} leaves the old
jiirnaani vaasaansi	clothes

grihnaati aparaani [and] takes on the other new [clothes] {willingly}, similarly, {in the hell created by man}

dehii vihaaya jiirnaani shariiraanithe soul leaves the {body conscious} old bodies {unwillingly}sanyaati anyaani navaani[and] takes on the other new {bodies forcibly}.

Nainam chindanti shastraani nainam dahati paavakah. Na caiman kledayanti aapah na shoshayati maarutah. (Ch.2, shloka 23)

		Weapons don't cut this {soul}, {other inert elements like} fire don't
paavakah na dahati e	nam	burn it,
maarutah na she	oshayati 🕴	{invisible} air doesn't dry it and {except the purity of the water of
enam ca		Ishwariya ³ knowledge,}
aapah na kledayanti	water doe	esn't wet [it] either. {It is the same case in the great destruction [that
	takes place	e] every four ages ago too.}

Acchedyah ayam adaahyah ayam akledyah ashoshyah eva ca. Nityah sarvagatah sthaanuracaloyam sanaatanah. (Ch.2, shloka 24)

Ayamacchedyo ayamadaahyah akledy	This {point of light soul} can't be {ever} cut and it doesn't {ever} burn [or] becomes wet {through fire and water, [respectively]} either.
caiva ashoshyah nityah sthaanuh	And certainly, [it] doesn't {ever} dry up {through hot air}. It is eternal, {imperishable} [and] stable.
	use of being an invisible power like the mind and intellect, [it] can reach where {in the three abodes}, [it] is everlasting {and} immovable.

Avyaktoyamacintyoyamavikaaryoyamucyate. Tasmaadevam viditvainam naanushocitum arhasi. (Ch.2, shloka 25)

Ayam avyaktah ayamacintyah ayam ucyate avikaaryah		It is subtle. It is unthinkable. It is said to be {always} viceless {when it isn't in the company of the perishable five elements}.
tasmaat viditvaa This is why a		hy after knowing it [to be] {different from the five elements [like] the earth,
		} in this way, ieving doesn't suit [you]; {because the soul is the form of happiness [and]
	pe	eace.}

Atha cainam nityajaatam nityam vaa manyase mritam. Tathaapi tvam mahaabaaho naivam shocitumarhasi. (Ch.2, shloka 26)

	And if [you] consider it to be [something that is] always born
vaa nityam mritam	or [something that] always dies,
tathaapi mahaabaaho shocitum evam	still, O the one with long arms {of eight personalities}!
naarhasi tvam	Grieving like this doesn't suit you;

Jaatasya hi dhruvo mrityuh dhruvam janma mritasya ca. Tasmaadaparihaaryerthe na tvam shocitumarhasi. (Ch.2, shloka 27)

	<i>dhruvah</i> it is because death of the one who is born is certain and {in the same		
ca janma mritasya	way, birth of the one who dies {through the body}		
dhruvam tasmaat is	[also] certain; {if you have body consciousness, you will be born and die as		
shocitum w	ell.) This is why, {by considering it to be an imperishable drama,} grieving		
arthe aparihaarye na for something that is unavoidable, doesn't suit you. {There is certainly the			
arhasi tvam	sorrow of birth and death in hell in every kalpa.}		

Avyaktaadiini bhuutaani vyaktamadhyaani bhaarata. Avyaktanidhanaanyeva tatra kaa paridevanaa. (Ch.2, shloka 28)

•	
Bhaarata aadiin	i O descendant of [King] Bharat! {In the beginning of the world, too} the
bhuutaani avyaktah	beginning {and the end} of living beings is invisible.
vyaktamadhyaani	{[Their] life} is revealed in between. They can't be seen after death {or at
avyaktanidhanaanyev	a the end of the kalpa [or at the time of] great destruction} either.
kaa paridevanaa	Why to grieve for that {repetition of the kalpa as it is}? {But by becoming 100%
tatra	stable in the soul in the <i>Purushottam sangam[yug]</i> ,

Aashcaryavat pashyati kashcit enam aashcaryavat vadati tathaiva caanyah. Aashcaryavat cainamanyah shrinoti shrutvaapyenam veda na caiva kashcit. (Ch.2, shloka 29)

Kashcit vadati enam aashcaryavat		Someone describes this {hero} with surprise {after knowing
		[him] nambarvaar ⁴ }
	iyati aashcaryavat ta eva shrinoti enam	and the other one sees [him] with the same surprise and someone {else} just listens to it
		with surprise {despite knowing something [about him]} and some
enam		{atheists who don't have faith} aren't able to recognize this [hero]
api shrutvaa even after {dejectedly} l		dly} listening {[to the description] completely [or] partially}. {This is
_	why the ones who e	enjoy pleasure in the world are <i>nambarvaar</i> ⁵ .}

'{What does Shankar do? The *part* of that (hero) is so *wonderful* that you can't believe it.} (Murli dated 14.05.70, beginning of pg.2)

Dehii nityam avadhyoyam dehe sarvasya bhaarata. Tasmaat sarvaani bhuutaani na tvam shocitumarhasi. (Ch.2, shloka 30)

Bhaarata ayam dehii nityam		O Arjuna, the one who is engaged in the light of knowledge! This {seed of the world, the hero, the Supreme +} soul is always
avadhyah sarvasya dehe	indestructible in everybody's body {because of the energy of easy Raja yoga obtained according to nambarvaar purushaarth in the Purushottam sangam[yug]}.	
tasmaat shocitum sarvaani		This is why grieving {so much} for all the living beings {present in this religious war} doesn't suit you {either}.

[Shloka 31 to 38: Proving the need to fight according to the Kshatriya religion]

Svadharmamapi caavekshya na vikampitumarhasi. Dharmyaat hi yuddhaat shreyonyat kshatriyasya na vidyate. (Ch.2, shloka 31)

Ca avekshya svadharmam api vikampitum		In addition, after seeing {the Kshatriya} religion of your soul too, becoming unsteady	
na arhasi hi dharmyaat yuddhat na vidyate shreyah anyat		doesn't suit {you}; because except the religious war, there is no benefit in {anything} else	
kshatriyasya	{except the protection of kingdom obtained through the <i>Kshatriya</i> religion,} for {especially} a <i>Kshatriya</i> {like you, in all the four classes}.		

Yadricchayaa copapannam svargadvaaram apaavritam. Sukhinah kshatriyaah paartha labhante yuddhamiidrisham. (Ch.2, shloka 32)

⁴ To a greater or a lesser extent

⁵ They enjoy pleasure to a greater or a lesser extent

Paartha sukhinah kshatriyaah
labhante iidrisham yuddhamO lord of the Earth! {Only} happy Kshatriyas encounter such' {great
religious} warapaavritam svargadvaaram ca
upapannam yadricchayaawith open gates of heaven and [the war] that you have met
effortlessly {through the civil war}.

'{Those who leave their (body or) body consciousness on the battlefield of war (against *mayaavi* vices), they will go to heaven. (Murli dated 06.05.67, end of pg.1)

Atha cettvamimam dharmyam sangraamam na karishyasi. Tatah svadharmam kiirtim ca hitvaa paapamavaapsyasi. (Ch.2, shloka 33)

Atha cet tvam na karishyasi But if you don't fight this religious, {non-violent Mahabharat} war {which is the gateway to heaven},

tatah hitvaa svadharmam then you will destroy {the true ancient} svadharma* {of Allah Avvaldiin⁶}

ca kiirtim avaapsyasi and fame [and] {just} become the sharer of the sin {of increase in violent religion of the dualistic demons of hell}

Akiirtim caapi bhuutaani kathayishyanti tevyayaam. Sambhaavitasya caakiirtih maranaadatiricyate. (Ch.2, shloka 34)

Ca bhuutaani avyayaam akiirtim
kathayishyanti teand {the sad [and] restless} people {of the world} will always
dishonour youca sambhaavitasyaakiirtihand for a respectable person, dishonour is worse than death {here}.

maranaadapi atiricyate Bhayaadranaaduparatam mansyante tyaam mahaarathaah.

Yeshaam ca tvam bahumato bhuutvaa yaasyasi laaghavam. (Ch.2, shloka 35)

Mahaarathaah mansyante
tvaam uparatam ranaatThe mahaarathis will consider you to have turned the face away {and
afraid of} the {religious} war

bhayaat ca yeshaam	out of the fear {of opponents, despite being a Kshatriya warrior} and those
bahumatobhuutvaa	who have {such} a great regard {in the mind} for you {being the greatest
tvam	archer},
vaasvasi laaghavam {th	use very people of the imperishable Bharat belonging to the True Ancient

aasyasi laaghavam {those very people of the imperishable Bharat belonging to the True Ancient [Deity religion]} will consider {you} worthless.

Avaacyavaadaanshca bahuun vadishyanti tavaahitaah. Nindantastava saamarthyam tato dukhataram nu kim. (Ch.2, shloka 36)

Ca	tava	ahitaah	And	your opponents {who have always converted to [the religion of]
	hyanti ba			armis for 2500 years) will say many {dirty, intolerable and totally false,}
avaacyavaadaan nindantah		ntah	unspeakable words {full of defamation} while criticizing your ability;	
tava saamarthyam				
nu kim dukhataram tatah		h	what else will be {more} sorrowful than that {[i.e. something] like hiding	
				the face from the people of the world?

Hato vaa praapsyasi svargam jitvaa vaa bhokshyase mahiim. Tasmaaduttishtha kaunteya yuddhaaya kritanishcayah. (Ch.2, shloka 37)

	O son of Kunti {who destroys body consciousness}! If [you] die {while fighting bravely}, [you] will attain heaven	
	e or [you] will win and enjoy {the entire} earth {of the deity and demonic souls};	
tasmaatkritanishcayahthis is why resolve and stand up for {the gateway to heaven, the Mahabharat} war. {Victory over the world is the birthright of you alone.}		

Sukhadukhe same kritvaa laabhaalaabhau jayaajayau. Tato yuddhaaya yujyasya naiyam paapam ayaapsyasi. (Ch.2, shloka 38)

Kritvaa sukhadukhe laabhaalaabhau	After {considering all these worldly contrasts in the form of} happiness and sorrow, profit and loss
	{and} victory and defeat [to be] equal, {you yourself become stable} [and]
	then get ready for the {religious} war.
evam na avaapsyasi	{Because of being detached from the bodily beings} in this way, {the soul}
paapam	won't accumulate sins. (See Gita ch.18, shloka 17)

⁶ Allah means God, avval means number one and diin means religion; God is the One who establishes the number one religion

[Shloka 39 to 53: The topic of Karmayoga]

Eshaa tebhihitaa saankhye buddhiryoge tu imaam shrinu. Buddhyaa yukto yayaa paartha karmabandham prahaasyasi. (Ch.2, shloka 39)

Paartha eshaa O	Arjuna, the sustainer of the Earth! This advice is mentioned {with complete
buddhih abhihitaa ex	xplanation}
	the scripture Saankhya ⁷ of your {very earlier form of sage Kapil, who resided
	Kampila} and {now,} listen to this {advice in detail from Me} in karmayoga ⁸ .
	Ihyaa By possessing this {most elevated} advice {you} will destroy the
prahaasyasi karmabandh	ham bondage of actions.

Na iha abhikramanaashosti pratyavaayo na vidyate. Svalpamapi asya dharmasya traayate mahato bhayaat. (Ch.2, shloka 40)

Abhikramanaasha	h naasti iha	The purushaarth {made in the previous births} isn't wasted in this					
		{yoga}, it doesn't yield wrong fruits {either}.					
api svalpam dharn		Even a little part of the assimilation {of} this {karmayoga}					
traayate mahatah	protects [you] from the greatest fear {in many births according to the shooting in the						
bhayaat	Purushottam	sangamyug}. {All the tasks are performed only through the energy of					
	yoga.}						

Vyavasaayaatmikaa buddhih ekaa iha kurunandana.

Bahushaakhaa hi anantaashca buddhayovyavasaayinaam. (Ch.2, shloka 41)

Kurunandana iha O Pra	hlad, {the giver of joy} to the Kuru dynasty! In this {yoga} definite				
vyavasaayaatmikaa {knov	vledge comes from the One; therefore,}				
buddhih ekaa ca buddha	yah {shri}mat ⁹ is {of} the One {non-dualistic Shivbaba} alone, whereas				
avyavasaayinaam	avyavasaayinaam the opinions of {secular} human beings lacking faith				
hi anantaah bahushaakhaa	certainly numerous [and] the ones with many {communal} branches				
	{emerged from the dualistic opposite religions (vidharm)}.				

Yaamimaam pushpitaam vaacam pravadanti avipashcitah. Vedavaadarataah paartha naanyat asti iti vaadinah. (Ch.2, shloka 42)

		O Paartha! {B.Ks, the devotees of Brahma without [any] temple, idol [of him and]				
		worshipped [either], } the ones who say [that] there is no path other than				
vedavaadartaah avip	ashcitah	ashcitah [being] engaged in debate about the Vedas (Gita ch.2, shloka 45, 52,				
yaam pravadanti ima						
pushpitaam vaacam	flowery	[and] very sweet words. {They are the <i>bhogis</i> who eat <i>maalpue</i> ¹⁰ in the				
	Shrinath	[temple] in west}.				

Kaamaatmaanah svargaparaa janmakarmaphalapradaam. Kriyaavisheshabahulaam bhogaishvaryagatim prati. (Ch.2, shloka 43)

Kaamaatmaanah svargaparaa		are the ones who have {worldly, endless} desires, [who consider:] 'to eavenly happiness alone is the supreme <i>purushaarth</i> '
bhogaishvaryagatim	and]	for the attainment of pleasure and wealth {with 56 bhog ¹¹ that are
prati	world	lly and devoid of altruism, just like in the Shrinath [temple], they say}
kriyaavisheshabahu		many words especially about [performing] {wasteful} rituals {like
janmakarmaphalapi	radaam	[doing] svaahaa-svaahaa ¹² and so on} that grant the fruits of actions for
		many births.

Bhogaishvaryaprasaktaanaam tayaa apahritacetasaam. Vyavasaayaatmikaa buddhih samaadhau na vidhiiyate. (Ch.2, shloka 44)

Buddhih vyavasaayaatmikaa	The intellect with faith {that is attached to completely pretentious and
apahritacetasaam	false traditions) of those whose mind is attracted towards
tayaa	those {sweet words and} of those who are {properly} attached to {the
bhogaishvaryaprasaktaanaam	bodily} pleasure and wealth,

⁷ Having to do with number or calculation: name of an Indian philosophical system

⁸ Performing actions while being in the remembrance of God or the Father

⁹ The most elevated opinion

¹⁰ A kind of fritter containing nuts, pistachios etc.

¹¹ Food offered to an idol

 $^{^{12}}$ Words uttered while making burnt offerings in sacrificial fire

na	vidhiiyate	doesn't	stabilize	in	profound	meditation	(samaadhi)	{in	the	form	of
samaadhau		[knowing	g] the com	ıple	te depth of	the 84 births	s of the soul a	t all)			

Traigunyavishayaa vedaa nistraigunyo bhavaarjuna. Nirdyandyo nityasattyastho niryogakshema aatmayaan (Ch 2, shloka 4

Nirdvandvo nityasattvastno niryogaksnema aatmavaan. (Cn.2, shioka 45)						
Arjuna vedaa		O Arjuna! Vedas comprise of subjects with three qualities. {It means, they are				
traigunyavishaya	a	<i>rajo</i> [*] and <i>tamoguni</i> as well.}				
nistraigunyah	Be	come {the one belonging to the abode of Vishnu,} [the one who is] beyond all				
nityasattvasthah	the	three qualities, [the one who is] always {even beyond the 16 celestial degrees				
	[ar	nd]} stable in the quality of satva ¹³ {like Me},				
nirdvandvah	free	free {from} the contrasts {of happiness and sorrow etc.}, free from [the thought of]				
niryogakshema		nment and its protection {here}; {because 'yogakshemam vahaamyaham ¹⁴ '}.				
bhava aatmavaar	bhava aatmavaan (Gita ch.9, shloka 22) {Therefore, give up body consciousness [and] alway					
		become the one with the stage of the point soul.				

Yaavaanartha udapaane sarvatah samplutodake. Taavaansarveshu vedeshu braahmanasya vijaanatah. (Ch.2, shloka 46)

		The extent to which there is need of {very small [and] dirty} ponds on finding {Man}sarovar ¹⁵ {of the water of knowledge} brimmed				
		from all the sides, [there is the need of] all {the murlis that haven't been churned, in the form of} the sentences of Vedas {narrated through the mouth of Brahma}				
vijaanatah braahmanasya taavaan		to an especially knowledgeable Brahmin {of the Ocean of advance knowledge} to the {same} extent.				

Karmanyevaadhikaarah te maa phaleshu kadaacana. Maa karmaphalahetuh bhuurmaa te sangostu akarmani. (Ch.2, shloka 47)

Te eva adhikaa	rah karmani	You just have the right to [perform] karmayoga {according to the
kadaacana maa ph	naleshu	shrimat}, [you] never [have control] over {the worldly} results;
		'I alone am} the cause of the fruits of action' $\{ \leftarrow \}$ don't become $\{ like \}$
maa bhuuh	this}. {See Gi	ta ch.3, <i>shloka</i> 27 to 30; therefore, in order to gather people,}
te maa astu	you shouldn ²	t {ever} have attachment to renouncement of actions. {You have to
sangah akarmani	become a kar	mayogi, not a karma sanyaasi (the one who renounces actions).}

Yogasthah kuru karmaani sangam tyaktvaa dhananjaya. Siddhyasiddhyoh samo bhuutvaa samatvam yoga ucyate. (Ch.2, shloka 48)

		O Arjuna, the winner of the wealth of {the true Gita advance} knowledge!
sangam yogasthah		Give up attachment, stabilize in yoga,
		iniform in {other contrasts like} success and failure {as well}, {become the
siddhyasiddhyoh	one w	ho renounces the fruits of actions and}
kuru karmaani samatvam perform actions. {Constant} uniformity {in all kinds of contrasts itself called yoga.		

Duurena hi avaram karma buddhiyogaaddhananjaya. Buddhau sharanamanviccha kripanaah phalahetavah. (Ch.2, shloka 49)

Dhananjaya h buddhiyogaat	i karma	O {Arjuna,} the winner of the wealth of knowledge! To just perform actions without engaging the intellect {in the One Greatest Shiva}		
		is extremely inferior. Take the shelter of {the ' <i>Trinetri</i> ' Shivbaba', even		
sharanam buddhau		the Intellect of the intelligent ones {[like] the great religious leaders}.		
	ahetavah Those who wish for the fruits of actions are misers', {they don't want to give anything			
kripanaah	to anyone for the benefit of the world.}			

'{Misers like the worshippers of Shrinath¹⁶, the symbol of western civilization, don't want to renounce anything for benefit of the people. They themselves eat up all the delicacies made in pure cow *ghee* even after selling them. This is why you have to eat the simple food of Jagannath of the east in these Orissa like states of the poor.} This is why it is said in murli dated 26.06.70: "The *first class* [and] the purest food is *daal*, (i.e. pulses or *karhi*¹⁷), rice and potato."

¹³ Truth, honesty, genuineness, virtuousness, sincerity etc.

¹⁴ I take the responsibility of the attainment of something that hasn't been attained and its protection

¹⁵ Name of a sacred lake and pilgrimage place on mount Kailas in the Himalayas

¹⁶ A temple in Gujarat dedicated to Krishna

¹⁷ Gravy made by adding spices and gram flour to sour curd or buttermilk

Buddhiyukto jahaatiiha ubhe sukritadushkrite. Tasmaadyogaaya yujyasva yogah karmasu kaushalam. (Ch.2, shloka 50)

		The one who has connection of the intellect [with Shivbaba] gives up both			
ubhe		kind of actions,			
sukritadushkrite		<i>iha</i> {[i.e.] those which are considered} good and bad {like charity or bribery, theft			
kaushalam karmasu	yogah	and loot etc. as well} in this {world}. Skilfulness in actions {itself} is yoga.			
tasmaat yujyasva	So, er	So, engage [yourself] in yoga {with the permanent chariot of Arjuna in the form			
yogaaya	of ksh	netra (field) + the Light of Shiva, the kshetragya (Knower)}.			

Karmajam buddhiyuktaa hi phalam tyaktvaa maniishinah. Janmabandhavinirmuktaah padam gacchanti anaamayam. (Ch.2, shloka 51)

Hi maniishinah		Because the knowledgeable ones who engage their intellect {with		
buddhiyuktaa		Shivbaba} are especially liberated from the bondages of birth, {old age,		
		death and so on}		
tyaktvaa phalam	after givin	fter giving up the fruits produced as a result of the actions {[performed] for the		
karmajam	benefit of	efit of the world [and]}		
gacchanti anaam	ayam attai	n the sinless supreme position {of the abode of Vishnu with super		
padam	sensu	nous joy [and which is] beyond the celestial degrees in vaikunth*}.		

Yadaa te mohakalilam buddhih vyatitarishyati. Tadaa gantaasi nirvedam shrotayyasya shrutasya ca. (Ch.2, shloka 52)

	i adaa gantaasi in vedani sin otavyasya sin utasya ea. (On.2, sinoka 52)				
		hih When your intellect {that has become vicious from the Copper [Age]			
vyatitarishyat	t i mohakalila :	<i>n</i> itself properly} crosses the mire like confusion			
ca shrutasya	of the wor	ds of videshi [and] vidharmi that are false [and] full of blind faith} and the			
		of the scriptures, bodily gurus, media and so on},			
tadaa gantaas	si nirvedam	then [you] will have detachment {for the world that is going to be burnt to			
		ashes through missiles}.			

• The residents of Bharat (*Bhaaratvaasi*) have attained degradation just because of hearsays, (and they are gradually attaining it now too). (Murli dated 30.01.71, beginning of pg.4)

Shrutivipratipanna te yadaa sthaasyati nishcalaa. Samaadhaavacalaa buddhih tadaa yogamavaapsyasi. (Ch.2, shloka 53)

Yadaa te buddhih shrutivipratipannaWhen your intellect that has been misled by the hearsays'nishcalaacalaabecomes firmly stable in the remembrance of the Supreme Soul {who has come insthaasyatipractice}, {only then it will engage in churning the ocean [of thoughts] concerned with thesamaadhausvadarshan cakra* of the 84 births in the record like extremely subtle star like soul [and]}tadaa avaapsyasi yogamthen [you] will attain {the stage of profound meditation of} yoga.

'{No one has attained *sadgati* (true liberation) by reading these scriptures and so on (even till today). The knowledge of the *sadgati* of human souls isn't contained in these scriptures. No one can attain *sadgati* through the Gita (made by humans) either. (Murli dated 20.05.92, beginning of pg.1)

[Shloka 54 to 72: Signs and glory of the man with a stable intellect]

Arjuna uvaac: Sthitapragyasya kaa bhaashaa samaadhisthasya keshava. Sthitadhiih kim prabhaasheta kimaasiita vrajeta kim. (Ch.2, shloka 54)

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Keshava kaa [Arjuna said:] ('Ka' + isha, meaning) O the Lord of {stupid bull in the form of}
bhaashaa 'l	Brahma', {the living Pashupatinath ¹⁸ of the unlimited Nepal}! What is the definition
	of [the one with] a stable intellect, {meaning [the one who is] constantly} stable
samaadhisthasya	in complete depth {of the star like soul, ([i.e.] sam (complete) + adhi (inside) +
	sthasya (stable))}?
kim sthitadhiih	
kimaasiita	intellect speak, how does he sit
kim vrajeta {and	l} how does he walk? {[I] want complete information of [the one with] a stable intellect.}

Bhagavaanuvaac: Prajahaati yadaa kaamaansarvaanpaartha manogataan. Aatmani eva aatmanaa tushtah sthitapragyah tadaa ucyate. (Ch.2, shloka 55)

¹⁸ Lit. means the Controller of animals; a name of Shiva

	[God said:] O lord of the Earth! When {human being, the son of
	Manu ¹⁹ } properly gives up all the desires
manogataan tushtah	generated in the thoughts of the mind, remains satisfied with himself,
aatmanaa aatmani eva	in the star like soul {or in the remembrance of the Supreme Soul} itself,
tadaa ucyate sthitapragyah	then he is called the one with a stable intellect. {Otherwise, he can't
	be called [that].}

''*Icchaamaatramavidyaa*²⁰' (Murli dated 10.04.68, end of pg.3) (See Gita ch.4, *shloka* 19; ch.6, *shloka* 4, 18, 24 etc.)

Dukheshu anudvigna manaah sukheshu vigatasprihah. Viitaraagabhayakrodhah sthitadhiih munih ucyate. (Ch.2, shloka 56)

		A thinker with a mind free from agitation {[and] restlessness} in sorrow, {who is detached} from {worldly} pleasure,
		who is free from desires {and} who is free from affection, fear and anger {especially in the <i>Purushottam sangamyug</i> [*] }
ucyate sthitadhiih	is said to be [the one with] a stable intellect {who knows the great sentences of God in this way through the eye of knowledge}.	

Yah sarvatra anabhisnehah tattatpraapya shubhaashubham. Naabhinandati na dveshti tasya pragyaa pratishthitaa. (Ch.2, shloka 57)

Yah anabhisnehah	The one who is completely unaffectionate to everything {except the
sarvatra naabhinandati	Supreme Father + Supreme Soul} [and] neither becomes completely happy
na dveshti praapya tat-2	nor does he {become sad and} hate [anyone] {just like [being] a witness}
	after attaining those particular {worldly}
shubhaashubham tasya	pleasant or unpleasant [results], his {discerning and decisive} intellect is
pragyaa pratishthitaa	firmly stable {in the soul}.

Yadaa sanharate caayam kuurmah angaani iva sarvashah. Indriyaani indriyaarthebhyah tasya pragyaa pratishthitaa. (Ch.2, shloka 58)

Cayadaaayam
sanharte indriyaaniAnd when this {yogi} has {constantly [and]} completely withdrawn {all the ten}
indriyaan {[including] the elevated and the corrupt [indriyaan] along with the
thoughts of the mind}indriyaarthebhyah sarvashah
iva angaani kuurmahfrom the sensual pleasures {[like] form, taste, smell etc.} of the indriyaan
from all the directions, just like the parts of the body of a tortoise,

tasya pragyaa pratishthitaa {then} that yogi's intellect firmly stabilizes in the soul.

Vishayaa vinivartante niraahaarasya dehinah. Rasayariam rasah ani asya param drishtyaa niyartate (Ch 2, shloka 59)

	Kasavarjani rasan api asya parani urisitivaa nivartate. (Cii.2, Siiloka 37)			
Vishayaa	de	hinah	The pleasures of the corporeal man who renounces sensual pleasures	
			are {certainly} especially removed,	
rasavarjam a			l} attachment {with past experiences} of enjoying [them] isn't removed.	
rasah asya	{It n	neans,}	even the attachment of this {Raja yogi}	
nivartate dr	rishtvaa	is {con	npletely} removed after seeing altruism {of super sensuous joy beyond	
param		the cel	estial degrees}.	

Yatato hi api kaunteya purushasya vipashcitah. Indriyaani pramaathiini haranti prasabham manah. (Ch.2, shloka 60)

Hi kaunteya yatatah	Because O son of Kunti, {Kun [or] deham daarayati ²¹ , the one who destroys body		
indriyaani	consciousness}! While making effort, {the other} indriyaan		
pramaathiini api	{especially along with the eyes and the <i>indriva</i> of lust} that create agitation well,		
haranti manah	even pulls the mind		
vipashcitah	of an intelligent {discerning} man forcibly {just like the inconstant kapidhva		
purushasya prasabha	am on the top of Arjuna's chariot}.		

Taani sarvaani sanyamya yukta aasiita matparah. Vashe hi yasya indriyaani tasya pragyaa pratishthitaa. (Ch.2, shloka 61)

¹⁹ The son of Brahma

²⁰ The stage where we don't even have the knowledge of desire

²¹ The one who tears apart (destroys) the soil like body or the soil of body consciousness

²² Flag with the picture of Hanuman, the monkey faced deity

		Control all those {indriyaan} completely, come under My shelter [and]	
		engage your mind in Me, {Shiva alone};	
hi yasya in	driyaani	because {the point of light soul with mind and intellect} whose indrivaan are	
vashe	-	under control,	
tasya pragyaa	his intellect remains firmly stable {after moving aside from instability of the mind that		
pratishthitaa	has become inconstant for many births}.		

Dhyaayato vishayaanpunsah sangasteshu upajaayate. Sangaatsanjaayate kaamah kaamaatkrodhah abhijaayate. (Ch.2, shloka 62)

Punsah dhyaayatah vishayaan		aan	The man who thinks about the sensuous {pleasures} has attachment
upajaayate sangah teshu			[or] affection for those {sensuous pleasures}.
sangaat kaamah sanjaayate Bec		Bec	ause of attachment, desire is properly created {in the thoughts of the mind}
kaamaat krodhah	{[and] o	often	, when the bodily, vicious) desire {isn't fulfilled}, {uncontrolled} anger
abhijaayate	is created {intensely}.		

Krodhaadbhavati sammohah sammohaatsmritivibhramah. Smritibhranshaadbuddhinaasho buddhinaashaatpranashyati. (Ch.2, shloka 63)

Sammohah krodhaat smritiv sammohaat		Complete attachment [or] foolishness comes from anger, memory is destroyed through {the intellect that has become inert} because of extreme foolishness,
smritibhranshaat	when the	memory becomes corrupt, the intellect {or the understanding power in
buddhinaashah	the form	of the power to judge and decide} is destroyed
buddhinaashaat	{and} wh	en the intellect is destroyed, [that man] attains death {in the form of
pranashyati		ubt on the religion}.

Raagadveshaviyuktaih tu vishayaan indriyaih caran. Aatmavashyaih vidheyaatmaa prasaadamadhigacchati. (Ch.2, shloka 64)

Tu raagadveshaviyukta vidheyaatmaa	<i>b</i> But {the Raja yogi who is impartial and a detached observer,} [who is] devoid of affection and hatred, [who is] the one with a controlled mind,
adhigacchati prasaadam	obtains {eternal} happiness while experiencing {all} the pleasures {'non-
caran vishayaan	violently and according to the religion}
	through the <i>indriyaan</i> which are under the control of the soul {disciplined
aatmavashyaih	by Raja yoga}. {There is always happiness just by giving happiness'.}

Prasaade sarvadukhaanaam haanih asya upajaayate. Prasannacetaso hi aashu buddhih paryavatishthate. (Ch.2, shloka 65)

Prasaade sarvadukhaanaam	Through happiness, every sorrow {[like that of] birth, old age etc.} of
asya haanirupajaayate	this {yogi} is destroyed,
hi buddhih prasannacetasah	because the intellect of the one with a happy mind stabilizes properly
paryavatishthate aashu	{in the soul} soon.

Naasti buddhih ayuktasya na caayuktasya bhaavanaa. Na caabhaavayatah shaantih ashaantasya kutah sukham. (Ch.2, shloka 66)

Ayuktasya	naasti {The one who} isn't a yogi doesn't have intelligence and a bhogi person		
buddhih ca ayuktasya {who is away from Shiva, the Intellect of the intelligent ones,}			
<i>na</i> bhaavanaa doesn't {have} emotions and [the person] {like Shant (peace) + nu (no) ²³ } without			
caabhaavayatah emotions {[and] faith}			
na shaantih	kutah	doesn't have peace; how will a restless person have happiness? {He	
ashaantasya sukham can't have it, can he?}			

Indriyaanaam hi carataam yat manonuvidhiiyate. Tat asya harati pragyaam vaayuh naavamivaambhasi. (Ch.2, shloka 67)

Hi yat manah anuvidhiiyate indriyaanaam carataam Because the {inconstant} mind that follows {any gyaan or kar indriyaan [*] while wandering {in the bodily pleasures},			
	t {unbridled, running horse like mind} takes away the intellect {of} this		
asya iva {bh	ogi} just like		
naavam ambhasi vaayuh	{a light} boat {floating} in water [is carried away] by {rapidly blowing} wind.		

Tasmaadyasya mahaabaaho nigrihiitaani sarvashah. Indriyaani indriyaarthebhyah tasya pragyaa pratishthitaa. (Ch.2, shloka 68)

²³ Shantanu: the one who doesn't have peace; the father of Bhishma in the epic Mahabharata

Mahaabaaho	tasmaat	O the one with {helper like} long arms {in the form of eight personalities}!		
yasya indriyaan	i	This is why the one whose <i>indriyaan</i>		
nigrihiitaani		have been restrained {from vices} in every way, from the pleasures of		
indriyaarthebhy	vah	the indrivaan {through the mind, words and actions,}		
pragyaa tasya the intellect of that {easy Raja yogi and knowledgeable [person] with a controlled				
pratishthitaa	mind} rema	ins properly stable {in the point of light, star like soul}.		

Yaa nishaa sarvabhuutaanaam tasyaam jaagarti sanyamii. Yasyaam jaagrati bhuutaani saa nishaa pashyato muneh. (Ch.2, shloka 69)

Sanyamii jaagarti tas nishaa sarvabhuutaan	i tasyaam yaa A {Raja} yogi stays awake in that $\{aadhyaatma^{24}\}$ which is the staanaam for all the {worldly} living beings.		e night
	The {human materialism} in which {a misled} living being stays awake {considering it to be heavenly day},		awake
saa nishaa pashyatah muneh	it is night for the {60 years old} thinker saint {of the <i>Purushottam sangamyug</i> [*] who churns the advance knowledge of the true Gita}.		

Aapuuryamaanamacalapratishtham samudramaapah pravishanti yadvat. Tadvatkaamaah yam pravishanti sarve sa shaantimaapnoti na kaamakaamii. (Ch.2, shloka 70)

Yadvat aapah pravishanti samudram
aapuuryamaanam acalapratishthamJust like the streams {of living rivers of knowledge} enter the
ocean brimmed from all the sides [and] with a fixed positiontadvat yam sarve kaamaahsimilarly, the one whose all {the personal good and bad} 'desires,pravishanti{meaning the waves of good and bad thoughts merge or} enter {the flood of Shivbaba, the
bottomless Ocean of Knowledge},

sa aapnoti shaantim that {very soul} attains {the Ocean of} Peace; the one who wishes for [the kaamakaamii na fulfillment of] desires doesn't {attain [peace]}.

'{You children know: when we found the Father (God), we received everything. (Murli dated 27.06.1965, beginning of pg.2)}

Vihaaya kaamaanyah sarvaanpumaan carati nihsprihah. Nirmamo nirahankaarah sa shaantimadhigacchati. (Ch.2, shloka 71)

sarvaan kaamaan carat	The man who renounces all the {worldly, materialistic} desires {[that are] devoid of shrimat here itself} [and] practices			
nihsprihah nirmamah nirahankaarah	the qualities of {[being] humble (<i>namracitt</i>), free from the feeling of honour (<i>nirmaan</i>),} free from longings, free from attachment {and} egoless,			
sah adhigaccha shaantim	adhigacchati {[in] an elevated [way]}, he attains {the long lasting, steady} peace {of Parambrahm [*] }.			

Eshaa braahmii sthitih paartha nainaam praapya vimuhyati. Sthitvaa asyaam antakaalepi brahmanirvaanam ricchati. (Ch.2, shloka 72)

Paartha eshaa sthitih	O Arjuna! This Parambrahm is {the best, subtle and imperishable} stage	
braahmii	originated from param (supreme) + iishvar (God).	
	After attaining it {a yogi man} doesn't become attached {to any person or	
vimuhyati	thing and}	
sthitvaa asyaam ap	by stabilizing in this {subtle and imperishable stage} even at the time of great	
antakaale	death {in the great destruction at the end of the kalpa},	
ricchati he	he attains Nirvaandhaam [*] of Parambrahm {facing upwards among the five united	
	eads of Brahma one greater than the other).	

Note: The meanings of ^{*} marked words are available in the Hindi-English glossary.

²⁴ '*Adhi*' means inside, '*aatma*' means the soul; the knowledge of what is contained in the soul